Adult Learning

Digital Skills

This course is designed for adults who want to get a basic understanding of how to be safer online and reduce the risk of being affected by Cybercrime.



How to be Safe and Smart Online

FREE COURSE

Friday 6th November 2026
10:00 – 12:00 am

for 3 weeks

In Penrith Library

Many of us use devices to access online services, email, Social Media, online banking and shopping! It's difficult to imagine how we would do things without them, so it's really important we are cyber aware. On this course you will learn about cybercrime and the risks and effects it has on individuals and organisations. Understand routine methods used to maintain e-safety and protect your devices.

ENROL NOW!

You can enrol on this course on our website at **adultlearningcumbria.org** Search under the heading 'Digital'. You can then complete an online enrolment form. Or speak to one of the Penrith Adult Learning Team on **07468709606/01768 812103** or email penrithadultlearning@westmorlandandfurness.gov.uk

Cumberland Council

Westmorland & Furness Council

Working for **Cumberland Council** and **Westmorland & Furness Council**